



American

CAPSULE NEWS

THE ALL AMERICAN NEWS DIGEST FOR ALL AMERICAN PEOPLE

Number 46

Washington, D. C., October 27, 1956

\$10 per year

IKE'S HEALTH---Pres. Eisenhower will undergo a head-to-toe physical exam today and a "complete report" will be made to the voters. Thus sayeth the Palace Guard. Naturally, this will be an election report, and a complete cover-up of whatever may be wrong. The last report (May 12) said he was "in excellent health." A month later the ileitis operation, which almost spilled the beans for the GOP. Many of us remember back to 1944 when Franklin Roosevelt was pronounced fit as a fiddle. A month after inauguration he cashed in his chips.

Ike is loyal to the Republican Party. He wants to see it win, to continue in power even if he passes on or is incapacitated. Therefore, there must be a "perfect health" report Monday. And there will be. What happens to Ike after Nov. 6 will not harm the party, but things can happen to him before that will. But they are not likely at this late date.

THE IRONS FRAME-UP (Its whys and wherefores)---V. Earl Irons, New England's leading distributor of natural vitamins, is the latest victim of a frame-up by the US Food & Drug Administration and a gullible but none-too-bright Federal judge. Mr. Irons was convicted by a jury of morons in Boston Federal court two weeks ago. Last Monday he was sentenced to a year in jail. His company was fined \$6,000.

The frame-ups are always with the end in view of putting the victim out of business, reducing the sale of natural vitamins so that the profits of the Drug Trust may not suffer so much. Natural vitamins help keep people well, and away from drug stores. Mr. Irons was confronted with an offer to "recommend" a suspended sentence if he would go out of business.

He declined and will appeal the whole un-American proceeding to the US Court of Appeals. When this happens Judge Ford is going to look very bad indeed for his deliberate act in prejudicing the jury during an off-the-record conference.

Your editor sat in on a part of the trial. He was not surprised when the judge, as is usual in cases where the Food & Drug Banditti are prosecuting someone for benefit of the Drug Trust, reversed the usual rules of evidence. He refused to let satisfied customers testify to facts, but permitted quacks (swivel chair doctors who never practiced medicine a day in their lives) to "testify" to their bilious bought-and-paid-for opinions.

Even with that, there was no evidence brought out that connected Mr. Irons or his corporation with any law violation. There was the general accusation that he misbranded and mislabeled, but only opinions of swivel chair "doctors" that vitamins are no good.

The one thing the "prosecution" brought out and harped on was an article from a book written by Dr. John P. Sutherland, MD, professor of anatomy for 20 years at Boston University and for 14 years editor of the New England MEDICAL GAZETTE. Mr. Irons had reprinted two paragraphs from this book and distributed to interested parties two years or more ago. The words which infuriated the Food & Drug Bandits, well-known established facts of life never disputed by those who know nutrition, were:

"If the removal of a vitamin from rice, or if demineralization or otherwise tampering with natures' food products, can wreak such havoc as beri beri has done during the past 60 years, why not the removal of vitamins from other foods, or the demineralization of other foods, be a definite causative factor in the production of many diseases such as tuberculosis cancer, pernicious anemia, etc? This question is certainly deserving of most earnest study. At present many conditions are considered essentially deficiency diseases

(Continued Inside, Column 1)

(Continued From Page 1)

eases, and are associated in one respect with the classical beri beri, pellagra, rickets and scurvy. Such conditions as infantile scorbutus, marasmus, dentition difficulties in children, and in adults dyspepsia, indigestion, diarrhea, constipation, obesity, inability to nurse children, diabetes, neurosis, polio, certain myalgias, dementia praecox and even tuberculosis and cancer."

The prosecution brought in five Harvard professors, claiming they were "experts" when their own words indicated they knew no more about nutrition than some baboon at the Boston Zoo. Probably not as much, because animals eat sensibly when they are away from humans.

One of them said he was a medical doctor, head of the Department of Nutrition, Harvard Medical College (name of Stare). He and his five buddies answered every loaded question about the value of vitamins and minerals in food with the stereotyped answer "No". Then Mr. Stare was questioned as to his knowledge of nutrition. He flunked the very first question. He was asked the definition of Food. He said he didn't know, but guessed it was in the dictionary. He admitted he didn't know what causes obesity, or that B-12 in cobalt.

The piece of Irons literature that most infuriated the F&D'S was:

"Of one thing we are firmly convinced. Neither Green Life nor any item, or combination of items, can overcome the deleterious effect of (1) Commercial glucose, largely synthetic which has been outlawed in Canada; (2) Bleaches used in flour which were outlawed by the Supreme Court; (3) Chemical emulsifiers used in a large percentage of our bread.

This is one thing the Food & Drug people are trying to keep Congress and the public from finding out, because they are violating the law every day for the benefit of Big Business. If Congress ever does take cognizance of this criminal situation, some people now getting their mail in Washington will get it at Alcatraz or Atlanta.

The witness who apparently knew most about the vitamin question was Dr. William A. Albrecht, soil specialist at the University of Missouri. Dr. Albrecht testified that farmers can't even raise hogs and cattle nowadays without food supplements. He said they are all buying trace minerals to add to the salt and are adding cottonseed meal, wheat middlings, wheat germ oil and similar products to improve the protein content of feed, necessary because of soil depletion. For example, he said, the protein content of corn had dropped 50% in the last 25 years. He said chemicals make the yields bigger but they destroy protein and cause an excess of carbohydrates which cause obesity.

The five phonies from Harvard disagreed with him, which recalled one of Huey Long's famous bon mots "Harvard

educates the sense out of some people". Dr. Albrecht did establish, however, the fact that we treat our cattle better than our children.

One thing the F&DA has been suppressing for 27 years is a book written by Dr. Harvey W. Wiley, father of the law they are mal-enforcing, titled THE HISTORY OF A CRIME AGAINST THE FOOD LAW. Dr. Wiley minced no words. He said the Pure Food Law which he fathered had been "lynched, raped and murdered" by those faithless public servants who were paid to enforce it. The mal-enforcement is even worse today, because Big Business is better entrenched and each unit is trying to emulate General Motors and its billion dollar net for 1955.

The book cannot be suppressed much longer because the Lee Foundation, 2023 West Wisconsin Avenue, Milwaukee, Wisc., is having thousands of copies printed for sale and distribution. And---CAPSULE NEWS is going to continue exposing the crimes of the Food & Drug Banditti under our title THE MESS IN WASHINGTON, until and unless the Supreme Court declares the First Amendment to the Constitution (Freedom of the Press) null and void.

It is obvious that Mr. Irons has committed two "unpardonable sins." The first is distributing vitamins which keep people well and away from drug stores. The second is exposing some of the crimes of the Food & Drug Administration who, as Dr. Wiley said, are lynching, raping and murdering the laws passed by Congress to protect the public from poisoned and adulterated foods.

On the day of sentencing the judge called in the press---all part of the F&DA smear system. The Boston GLOBE in a biased one-sided "article" said: "Judge Ford labeled Irons a fraud and a fake who had clipped customers for \$800,000 over a 3-year period. It was testified that door-to-door salesmen had peddled vitamin pills which according to the labels would cure cancer, hay fever, varicose veins, heart trouble, multiple sclerosis and sundry other ailments."

The part about the labels telling this story was pure figment of the judge's elastic imagination. One witness who testified to what the salesman was supposed to have told him, was proven a perjurer when the defense counsel showed him a written statement, which he admitted was his, saying exactly the opposite. A Massachusetts citizen, Richard Townsend of Georgetown who has been using the Irons vitamins for a year with excellent results, wanted to know what the Irons trial was about, so he sat in on it. When it was over he wrote CAPSULE NEWS:

"What on Earth can be done to stop those dirty servants of Satan from continuing their filthy, damnable, stinking, lying, murdering manner of serving their money masters. The Russians or the Gestapo have nothing on Uncle Sam."

Dist- rict	OHIO	For Txprs	Against Txprs	Per Cent
1.	Scherer	11	2	.846
2.	Hess	13	9	.591
3.	Schenck	12	6	.667
4.	McCulloch	21	4	.840
5.	Clevenger	23	2	.920
6.	Polk	7	18	.280
7.	Brown	20	3	.870
8.	Betts	21	4	.840
9.	Ashley	1	7	.125
10.	Jenkins	14	11	.560
11.	Bolton	2	11	.154
12.	Vorys	10	14	.417
13.	Baumhart	5	3	.278
14.	Ayres	9	16	.360
15.	Henderson	7	1	.825
16.	Bow	23	2	.920
17.	McGregor	20	5	.800
18.	Hays	4	17	.190
19.	Kirwan	6	15	.286
20.	Feighan	4	20	.200
21.	Vanik	1	7	.125
22.	Bolton	7	18	.280
23.	Minshall	3	5	.375
OKLAHOMA				
1.	Belcher	19	2	.905
2.	Edmondson	4	12	.250
3.	Albert	6	13	.316
4.	Steed	6	17	.261
5.	Jarman	7	18	.280
6.	Wickersham	6	15	.286
OREGON				
1.	Norblad	9	12	.429
2.	Coon	12	4	.750
3.	Green	1	7	.125
4.	Ellsworth	9	12	.429
PENNSYLVANIA				
1.	Barrett	3	21	.125
2.	Granahan	2	18	.100
3.	Byrne	3	13	.188
4.	Chudoff	4	20	.200
5.	Green	3	21	.125
6.	Scott	8	15	.347
7.	James	10	11	.476
8.	King	15	3	.833
9.	Dague	10	13	.435
10.	Carrigg	4	12	.250
11.	Flood	1	4	.200
12.	Fenton	9	14	.391
13.	McConnell	12	12	.500
14.	Rhodes	4	21	.160
15.	Walter	2	20	.091
16.	Mumma	13	11	.542
17.	Bush	13	9	.591
18.	Simpson	13	10	.565
19.	Quigley	2	6	.250
20.	Van Zandt	15	10	.600
21.	Kelley	4	21	.160
22.	Saylor	14	8	.636
23.	Gavin	21	2	.913
24.	Kearns	13	8	.619
25.	Clark	1	7	.125
26.	Morgan	3	17	.150
27.	Fulton	9	14	.391
28.	Eberharter	6	10	.240
29.	Corbett	10	14	.417
30.	Holland	1	3	.250
RHODE ISLAND				
1.	Forand	4	20	.200
2.	Fogarty	6	15	.400
SOUTH CAROLINA				
1.	Rivers	7	14	.333
2.	Riley	5	18	.217
3.	Dorn	18	7	.720
4.	Ashmore	9	5	.643
5.	Richards	4	20	.200
6.	McMillan	9	14	.391
SOUTH DAKOTA				
1.	Lovre	18	6	.750
2.	Berry	18	7	.720

AMERICAN

A new type of Washington newsletter—100% rights of ALL citizens guaranteed under the Constitution in public life. Published every Saturday from H Street N. W., Washington 6, D. C.; Morris A. Bea class mail, \$12.00 by first class mail, \$14.00 by air in advance of mail change. Second class mail pre